



LIBERTY
GROVE

*the lifestyle of
the new millennium*

RULES FOR GYM USE

- 1. Only Liberty Grove residents are allowed to use the gym**
- 2. Residents must use a towel whilst using equipment**
- 3. Must wipe down all equipment after use**
- 4. Please use hand disinfectant before using equipment**
- 5. Children under 12 must be accompanied by an adult**
- 6. Personal trainers may only instruct residents in the use of the equipment**
- 7. No additional equipment maybe be brought in to the gym**

Please report any damaged equipment to Security of the Estate Manager

Please do not move the equipment to adjust the radio

SECURITY AND ESTATE MANAGER ARE AUTHORISED TO;

Ask for proof of residency and or age of gym users

Ask residents without a towel to leave the gym

Ask residents causing a nuisance to leave the gym

**Your access to the Liberty Grove gym is monitored by the FOB access control system and
CCTV**